



## Part I: Beholding the Enthroned King

**Read:** Psalm 110:1–3; Ephesians 1:19–23; Ephesians 2:4–6; Hebrews 1:3; Hebrews 10:12–13

### Deep Reflection Questions

- 1. According to Ephesians 1:20–23, what does it mean that God seated Jesus Christ “far above all rule and authority”?**
  - Make it personal: What “powers” (fear, insecurity, control, approval, past wounds) have you been treating as if they still have authority over you?
- 2. Ephesians 2:5–6 says believers are seated with Him. What does it mean that you are spiritually positioned with Christ while still living on earth?**
  - How should this reshape your daily mindset, decisions, and identity?
  - Where are you living “beneath” a position God says you already occupy?
- 3. Hebrews 10:12–13 shows Jesus sat down because His work is finished.**
  - If the King is no longer striving, why do you still strive for acceptance, approval, or worth?
  - What would it look like to live from a place of “finished work” instead of constant effort?
- 4. If Jesus is truly your King (Master), what does that require of your will?**
  - Identify one area where you still want control (plans, relationships, image, timing).
  - What is the difference between *admiring* Jesus and actually *submitting* to Him?
- 5. Ephesians 4:22–24 calls you to “put off” the old self and “put on” the new.**
  - What specific old patterns or mindsets are out of alignment with the rule of Christ?
  - What does living under His kingship look like in your thoughts, reactions, and speech?

**Deeper Heart Reflection** - Think again about your “beauty encounters”—the innocence, purity, and essence you saw in those children.

- Ephesians 5:25–27 reveals that Christ is actively making His people holy and radiant.
- His goal is not just forgiveness—but **restoration of purity**.

### Reflect:

- How does it shift your perspective to know that Jesus, as King, is actively restoring your nature—not just correcting your behavior?
- Where do you resist that inner transformation and settle for outward appearance instead?
- Do you believe holiness is something God is producing in you, or something you must manufacture for Him?

**Anchor Thought** - Jesus is not waiting to become King— **He is reigning now.**

**Prayer Focus** - “Lord Jesus, You are seated above all things, and I am seated with You. Teach me what it truly means to live under Your rule—not just in word, but in surrender. Align my thoughts, my will, and my life with Your kingship.”

# Part II: Clothed in the Beauty of Holiness

**Read:** Exodus 28:2; Hebrews 10:10

**Focus Truth** - Holiness is not something you achieve—it is something you receive.

**Key Insight** - Just like babies don't strive to be beautiful—their beauty comes from their nature. Holiness flows from who you are in Christ, not what you perform.

## Biblical Connection

- Priests wore garments for **glory and beauty**
- Now, believers are clothed in Christ Himself

## Deep Reflection Questions

1. **In Exodus 28:2, the priests were clothed in garments designed by God for “glory and beauty.” Knowing that Jesus Christ now clothes you (Hebrews 10:10), how does this redefine your understanding of holiness—not as something you produce, but something you are covered in?**
  - Where are you still trying to “dress yourself” spiritually instead of resting in what Christ has already placed on you?
2. **Old Testament priests did not approach God in their own identity, but in what they were clothed in.**
  - If your access to God is now based on being clothed in Christ, what “old garments” (shame, striving, comparison, performance) are you still wearing that distort the beauty and purity God has already given you?
  - What would it look like to fully live as someone already made holy?

## Heart Reflection

Recall your story of the babies:

- Innocence
- Purity
- Essence

How is God restoring that kind of **inner purity** in you—not through effort, but through transformation?

**Prayer Focus** - “Father, thank You that You have already made me holy through Jesus. Teach me to live from that truth.”