

Hosanna!

'Blessed is He who comes in the name of the LORD!'

The word *Hosanna* means "God will save us." It is both a cry for help and a statement of faith. It acknowledges our need for God while affirming confidence in His power to deliver. When we cry Hosanna today, we echo that same prayer: Lord, we need You—and we trust You.

I. The Petition

Read Psalm 43:3 [AMP]

"O send out Your light and Your truth; let them lead me."

A. Hosanna—Lord, save me and lead me by Your light and truth.

The cry "Hosanna" means "save now." It is a plea for help, rescue, and divine intervention. In Psalm 43:3, the psalmist asks God to send His light and truth to lead him. This is the heart of petition: bringing our need honestly before God and asking Him to guide, rescue, and restore.

Reflect: Name your petition to God and provide details. Consider using prompts such as:

- Heal me.
- Hear me.
- Help me.
- Rescue me.
- Forgive me.

II. The Pivot

Read Psalm 42:5 [ESV]

"Why are you cast down, O my soul?...Put your hope in God."

A. Hosanna does not leave us in desperation; it turns our hearts toward the God who saves. The same God we cry out to is the One who brings us back into His presence with joy.

Psalm 42 shows us the pivot from distress to devotion. The psalmist begins by crying out for help, but he does not stay fixed on the problem. He turns toward God's presence, that believing in Him is the answer. That is our pivot too—from panic to worship, from heaviness to hope, from pleading for rescue to trusting the Rescuer.

Reflect: Choose a scripture to help you pivot from your problem toward God or a solution. For example, mine is: "I can do all things through Christ who gives me strength." (Philippians 4:13)



III. The Praise

Read Psalm 42:11; Psalm 43:5

"Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will still praise Him."

- A. I can praise God in the valley because Hosanna is not only a cry for help—it is a declaration of hope. The God who hears me is the God who will sustain me.

Psalm 42:11 and Psalm 43:5 repeat the same refrain, teaching us how to speak to our souls in hard seasons. Even when we feel downcast, we can preach hope to ourselves and choose praise before the breakthrough comes. Praise is not denial; it is confidence that God remains faithful.

Reflect: On Psalm 42:11b and 43:5b

"Hope in God. He is still my help, and He is still worthy of praise."

1. How can you continue to put your hope in God even during times when you are downcast?
2. Reflect on when God was your help, and acknowledge that he is still your help.
3. He is worthy of your praise, write out how you have praised him for the things that he already has done and will do.

Spiritual Discipline: Meditation & Praise

Read Psalm 42:11 and Psalm 43 slowly this week. Let your cry of Hosanna become a prayer for rescue, a pivot toward God's presence, and a song of praise rooted in hope.